

»»» QUARTERLY NEWSLETTER «««



Ms. Sara Tandel was invited as a Chief Guest in Avanti Young women leadership program of The Gender Lab to share her personal story

EVERY CHILD MATTERS: LETS TRAIN THEM TO BE SAFE

“TEACH THE CHILDREN SO IT WILL NOT BE NECESSARY TO TEACH THE ADULTS.”

- Abraham Lincoln

»»» FROM HOPE TO ACTION

We're thrilled to announce that on January 16th, 2024, Mukhlasi officially became a registered NGO, under Section 8 of the Companies Act! This wouldn't have been possible without the unwavering support of our incredible community – supporters, believers, donors, the kanthari team, our directors, and our mentor Riti & Precious.

With this milestone, Mukhlasi can now directly fight child sexual abuse and create a safer world for children.

Having an official bank account and attaining 80G & 12A allows us to receive donations more efficiently and offer tax benefits to our generous donors.

The journey to a world free from child sexual abuse has just begun. We invite you to join us in making a difference! Visit our website [HERE](#) or contact us at info@mukhlasi.org to learn how you can volunteer, donate, or spread awareness about Mukhlasi's vision.

»» INTERNATIONAL WOMEN'S DAY, 2024

We're proud to share that on International Women's Day, our founder Ms. Sara was invited as the chief guest by the Women's Development Cell at the prestigious College of Social Work Nirmala Niketan (Autonomous).

She addressed social work students, professors, and staff members. Ms. Sara spoke about how challenges shaped her path and ultimately led her to found Mukhlasi, an NGO dedicated to preventing child sexual abuse.

A key question from the audience was, "How can we make perpetrators understand their actions are wrong/unsafe?" Response from her: Me becoming assertive made a difference. "The world outside of me was the same, what changed was me. I developed my courage and said no to the people who were breaking my boundaries or making me unsafe. Change from within is critical, and that's what we're focusing on at Mukhlasi when we work with children."



Left: Sadiya Shaikh, Dr Sheetal Kamble, Daniella Mendonca, Poonam Pardeshi and our Founder Sara Tandel.

»» IMPLEMENTATION OF OUR PROJECT

We have completed one project at Eurokids Preschool with 36 children in two batches in Mumbai. Through our intervention, preschool children learn about their private body parts, how to keep themselves safe, say no to unsafe behavior and touches, and how to seek help from adults.

Additionally, we successfully concluded another project in Delhi's Harkesh Nagar Slum in collaboration with Anurvana & Learning By Locals. We worked with 23 children aged 10 to 14 years. During this 2-day intervention, children learned about safe and unsafe touches, the names of private body parts, how to prevent abuse, and how to seek help from a trusted adult. Before the session, we conducted a pre-test to understand their knowledge of their body and safety-related information. The children did not know where their private body parts were or what their names were. However, after the training, they were eager to complete the post-test form and write the Private Body Part's name.





➤➤➤ CHALLENGES WE HAVE FACED

One hurdle was conducting workshops in March due to busy school schedules and exams of children and additionally, securing funds for the office space, project implementation, expansion of team was another hurdle.

Despite these challenges, we successfully completed projects in 2 locations and are actively seeking funding for future growth, including team expansion, office space and project implementation.

➤➤➤ OUR UPCOMING PROJECT

In the coming financial year, we are targeting to implement our project with 800 to 2000 children and their caregivers. We will be working through workshops with children and their caregivers.

We are addressing 2 major problems in the prevention of Child Sexual Abuse: first, children don't know about it, and second. parents and caregivers don't speak about it with their children.

JOIN US TO CREATE A SAFER FUTURE

We invite you to join our journey, where we empower children to be assertive and equip them with the necessary tools to ensure their safety. You can join us by:

1. Becoming a volunteer/intern: Share your skills, knowledge, and time.
2. Becoming a mentor: Lend your expertise to help develop our programs.

For more details contact:
info@mukhlasi.org

Scan the QR
code to donate



YOUR DONATION MAKES A DIFFERENCE

With your generous donation, you support the training of children and their caregivers and enable them to venture into the safe future. Your donation has an impact over many years and reaches people in need in India.

You can donate [HERE](#)

Or directly to our bank account

Account no: 50200088813706

Account Holder Name: Mukhlasi Welfare Association

IFSC: - HDFC0000143

Bank Name: HDFC Bank

Branch: Crawford Market, Mumbai

UPI ID: 8169465412@hdfcbank

Thank You